



Macoupin  
Family Practice  
Centers, LLP



# Introducing myHSHS Healthy Home

*Brought to you by Litchfield Family Practice, Macoupin Family Practice Centers, and the HSHS Medical Group*

Welcome to our **Healthy Home**. Our Healthy Home is your portal to a “Lifetime of Care,” including a full array of services and preventive care tools—for a lifetime of good health!

## NEW HEALTHY HOME SERVICES

### Health Information Line

Call 888-9UR-WELL (888-987-9355) for confidential access to experienced nurses who will provide general health information, physician/specialist referrals and information about hospital programs and services.

### Personal Health Record

A personal health record is an easy, secure way to manage medical information for everyone you care for, including your children. Visit [www.myHSHS.org](http://www.myHSHS.org) to create an electronic personal health record for yourself and each member of your family. **It is free and completely confidential.** Once you complete your personal health record, you can send it electronically to your physician. As your health status changes, you can easily update your record from the comfort of home or wherever you have an Internet connection.

**For more information about myHSHS Healthy Home, call us at 888-9UR-WELL (888-987-9355) or visit us online at [www.myHSHS.org](http://www.myHSHS.org).**

As your local care provider, we are committed to providing you with a compassionate, holistic, health care delivery model that puts you and your family's health first. Our approach uses the latest communication technology to deliver high-quality, integrated health care. All of these elements are being woven into your physician's Healthy Home practice. As each new service evolves, we will make it available to you.

